

# Queen's News

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Kia ora and Greetings

Congratulations to everyone, you have made it into the forth term of 2016. For some this is now the business end of the year, with exams fast approaching and for our Year 13's, the end of their secondary schooling. It has been a pretty fast year and I know that everyone has packed so much in so far but still lots more to do yet. I have been reading the results of the senior girls so far and they are looking very promising. Our aim is for everyone to achieve to their potential. Let's all work together to make that happen.

Academic achievement is the main reasons why we have schooling but all of the extra curricular and social skills that the girls learn during this time is so, so important.

I would like to acknowledge the fantastic Sport and Cultural Awards this week. This is what makes Queen's a special place. Not only do the girls do exceptionally well in their pursuits but the time and energy that they give to make this happen is extraordinary. Thank you to all of the coaches, parents and supporters whom without you, these girls could not excel. Thank you also to Noeline Burden for all of her work in putting this Award evening together.

Study hard girls as all of that dedication and commitment will pay off in the end. We believe in you and your abilities.

Di Carter, Principal

## EQUIPMENT END OF YEAR CELEBRATION

### Ex-Queens Girls investing in potential through Mentoring

Last Thursday the Queen's High School Ex-girls mentoring programme held its end of year celebration. Our mentors are all ex-girls who give their time, energy and expertise to help our students move towards successful futures and aims to empower our young women to find or fulfil a passion, and to help them move towards reaching their full potential. Mentors have been meeting their Year 12 and Year 13 mentee students at least once a month for much of the year. Mentors have introduced students to people who can advise and support them, have put students in touch with employers and others in sectors of interest to them, taken them to meet contacts in tertiary programmes, helped them with funding applications and often at times they have just listened and reflected with the student on their ideas and plans.



All students have commented on how valuable they found the experience, and in many cases how their mentor helped them to challenge their thinking, so they have clearer ideas of what they want to achieve. Students' families also met with the mentors at various times, and it was lovely to see how the mentors, mentees and their whanau enjoyed spending time chatting over drinks and nibbles at the end of year function.

Each mentor and mentee was presented with a certificate of participation. Mentees presented their mentors with a card and small gift, and a guest speaker shared ideas around being open to opportunities and the benefits of networking and developing skills across one's working life. We wish to thank mentors Stacey Stedman, Rebecca Williams, Gail Hyland, Nicola Wood, Elizabeth Nidd, Sally Peart, Ana Mapasua and Jan Hudson. We are also indebted to the co-ordinating committee for the programme – ex-girls Colleen Lyons, Sian Scott, Holly Hammond and Jude Molyneux.

## PSTA SECOND HAND BOOK FUNDRAISER

The PSTA are selling books as a fundraiser at the Farmers Market on Saturday the 5th November. Come and say hi to the team and purchase your Christmas read! If you have any books at home you no longer want please feel free to drop them into school over the next two weeks.





## YEAR 11 SKI TRIP

Our Year 11 Physical Education and Outdoor Education students recently went on a three day ski trip to Ohau Ski Field, as part of our course work. Everyone gained unit standards at Level 2. The practical component required us to ski in control on beginner terrain. We also had to complete theory work around being able to identify and avoid hazards. We had an awesome time and made the most of the sunny weather on Friday. Unfortunately it was too windy to ski on the first day so we went to Tekapo and went tubing and ice skating instead. We also went to the hot springs.

## YEAR 9 PE – CYCLE SAFETY COURSE

All Year 9 P.E. classes have been taking part in the Dunedin City Council Safe Cycling programme. This has involved students learning about cycle safety and doing biking activities at school with trained instructors. They then go out onto the road to apply these skills.

The girls have enjoyed the opportunity to learn or refresh their biking road rule knowledge and do some physical activity on bikes around the local area.



## INTERNATIONAL STUDENTS LOCAL TOUR

On September 21st all of the international students took part in a tour of Dunedin, followed by lunch at Eureka to celebrate the end of the term and to farewell four Japanese students who are returning to Japan. Haruka, Misato, Reiko and Tomoko were valued members of our class and we shall miss them. The students and staff had a lovely day out and about!

## NEW EBOOKS IN THE INFORMATION CENTRE

We are very pleased and excited to announce that we now have eBooks available for borrowing. Students can download the free Wheelers ePlatform app from iTunes or Google Play, log in to the Queen's High School eLibrary with their student number and borrow one of over 1000 eBook titles. Details on getting started, including the password needed to log in, are available from the Information Centre or by contacting our Librarian, Carole Gardiner ([caroleg@queens.school.nz](mailto:caroleg@queens.school.nz)).

The eBooks have been specifically selected for NZ secondary schools and include popular young adult titles as well as some of the classics. Settings can be changed to alter font sizes and background colours, to suit individual preferences and make the text more appealing and easier to read, and a student can sync and read the same eBook across multiple devices. Also, because the eLibrary is accessed via an app, girls can borrow eBooks at any time (including over the holidays). For more details and links to the Queen's eLibrary and the ePlatform app please see the Information Centre website ([ghsinfocentre.weebly.com](http://ghsinfocentre.weebly.com)) or contact the Librarian if you require assistance.

The screenshot shows the Queen's High School eLibrary website. At the top, there is a navigation bar with 'Home', 'Staff', and 'Sign In' options. Below this, the text reads 'Queen's High School ebook lending facility'. There are buttons for 'Start Browsing' and 'or get the ePlatform app'. To the right, there are logos for 'Download on the App Store', 'GET IT ON Google play', and 'Available on Windows 10'. Below the main text, there is a section titled 'Popular Titles' with a 'View all' link. Five eBook covers are displayed: 'The Diary of a Young Girl', 'Mazinger Z', 'The Hunger Games', 'Harry Potter and the God...', and 'Catching Fire'.

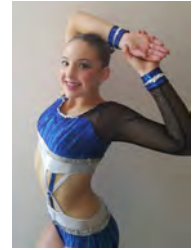
## SPORTS NEWS



**Sportsperson of the Week:** Bethany Wells, for her fantastic encouragement and support for all the students doing high jump at the Andersons Bay and Grant's Braes Athletic Sports. With this attitude and behaviour, Queen's is portrayed to the public in admirable style.



**Aerobics:** Abby McMullan represented Queen's High School at the Gymsports New Zealand National Championships in Invercargill during the school holidays. She competed in Level 4 Year 12-14 Individual, where she was placed 4th, and in the Open Level 4 Pair category in which she was placed 1st. Abby also received a proficiency pin for the high standard of her routine. Girls who train at Queen's as part of our Aerobics Community Coaching Programme also received places and proficiency pins. This competition tops off a very successful year for



Queen's Aerobics, which continues to grow in our community. Congratulations also to Riley Haugh, who has been coaching aerobics at Dunedin Gymnastics Academy. Four of her athletes were selected to represent Otago at the Gymsports Aerobics Nationals, of which two of these girls achieved medals.

**Bodybuilding:** Brooke Rolleston-Perrett began bodybuilding this year so her 3rd placing in the Open Novice category of the South Island Champs during the holidays was a great result.



**Surfing:** More success for Shani Ayson. During the holidays Shani competed in the Scholastic Nationals in Gisborne and was placed 2nd in Under 18 girls.

**Football:** Both Zoe Thomas and Lara Wall played in the very successful Otago Under 17 Girls' Football team. They were once again the winners of the South Island competition. Zoe's defensive skills were obvious as the opposition only scored 2 goals throughout the tournament. Lara certainly contributed to Otago's 27 goals by scoring 10 of them. Well done girls!



Lots of Queen's staff and students started the holidays with colour and laughter. They participated in the 5km **Rainbow Run** at Logan Park. We started off white and finished multi-coloured after running through 5 colour stations.



**Golf:** Any junior girls interested in having 6 hours of golf lessons (all equipment supplied) during November's Junior Tournament Week should have spoken to Ms Burden already. It is, however, not too late!

### QUEEN'S STUDENTS SUPPORT CONTRIBUTING SCHOOLS ATHLETICS

On Tuesday 11th October 9STA students supported the Andersons Bay and Grant's Braes Athletics Sports Day at Bayfield Park. The girls helped out with shot put, discus, hurdles, long jump and high jump in the morning and then were the place-getter judges for the sprints in the afternoon. This was a great opportunity for Year 9 students to use their leadership skills and to interact with younger students from our contributing schools.



### SOPHIE PASCOE INSPIRES STUDENTS

Some of our Year 12 and 13 students had the pleasure of attending a presentation by Sophie Pascoe recently. Sophie made real connections to the everyday lives of the students by sharing her own story and her keys to success. These Included: making your goals a reality by being disciplined and consistent, healthy nutrition, the importance of physical activity, financial fitness and healthy mind set. She also talked about the importance and value of the support networks around you and that it was ok to ask for help. And of course we got to see and wear some of her 15 medals!



**Students planning to go to tertiary study after they leave school should apply for their Student Allowance or Loan by 16 December.**

StudyLink expects around 180,000 students to apply for their Student Allowance or Loan for the 2017 academic year.

Applying by 16 December means StudyLink can get everything sorted so that the student receives their funding from the start of their course. Students don't need to have their NCEA results or have locked down all their plans in order to apply. Their application can be updated as things are confirmed. It's more important to allow enough time for all the steps in the application process to be completed.



Students can find out more about applying for a Student Allowance or Loan on the StudyLink website. Pop a reminder in your calendar, or even better – go straight to [studylink.govt.nz](http://studylink.govt.nz) to apply now.

### **BIG THINK TUTORING SUPPORT**

We are four university graduates who have tutored over 3,000 students at NCEA and University level and have come together to create Big Think. We have analysed years of NCEA exams to prepare subject specific workshops for NCEA subjects.

Our course focuses on content, exam strategy, study planning, how to effectively self mark and how to go into exams happily and healthily. We want our students to feel inspired in seeing what education has done for us. Our workshops will be after school hours. The first workshops start October 19th.

Workshops are \$80 (with the early-bird discount at the moment) for 8 hours of contact time! Discount Code: "queensbigthink" For more information go to [www.bigthink.nz](http://www.bigthink.nz)



<b>Oct 24</b>	Labour Day
<b>Oct 26 - 28</b>	Adventurous Journey camp
<b>Oct 28</b>	Mana Pounamu Awards
<b>Nov 4</b>	Senior Prizegiving - PAC
<b>Nov 7</b>	Science Works programme
<b>Nov 8</b>	Senior Students last day
<b>Nov 9</b>	NCEA exams/Junior exams begin
<b>Nov 14</b>	Junior Tournament week

### **YOUNG ENTERPRISE ENDEAVOUR: RELIEF BOOK FOR SALE**



Two Queens students, Allie Bygate and Jordana Taylor have produced a book through the Lion Foundation Young Enterprise Scheme 2016. The book is called 'relief' and targets stress and anxiety. 'Made by teenagers, for teenagers.'

This book would be very helpful for the upcoming exams and can be bought for \$10 on their website [endeavouryes.wixsite.com/store](http://endeavouryes.wixsite.com/store).

### **SENIOR PE UPDATE**



In the last week of Term 3, 13 PE spent the day with the Wild Earth Adventure Company doing the 'Taieri Rafting Challenge'. This activity involved the girls rafting down the upper Taieri River, taking turns to lead the various challenges throughout the day. As well as a fun day out, the purpose of this activity was for students to make links around leadership styles and reflect on this in their final Level 3 PE internal....forever!



The 12 senior students who were given the opportunity to sea kayak with the Otago Polytechnic last Monday could not have asked for a better day. The QHS pupils were needed by the Polytec students as 'clients', so that they could be assessed for their Level 1 sea kayaking instructors certificate.