



# QHS Sportsperson of the Week

## Nominations and Winners

Week ending 21 October 2016

Sport	Name	Reason for nomination
Futsal - Blue	Lily Stedman	Great defensive work and a winning attitude.
Futsal - Red	Anika Bradley	encouraged others, cleared ball away from our goal and played with enthusiasm
Volleyball Snr A	Charlotte Kohler	Good all round play & attitude
Volleyball- Junior A	Nicole Pendreigh Sahara Hurley	Consistently high level of skills Good serving
Volleyball- Junior B	Brianna Reid	Strong serving
Volleyball- Jnr Red	Abby McMullan	Good movement around the court
Softball	Arabella Thomlinson	Good forward thinking play so took a double out

**This week's winner:** Arabella Thomlinson for her forward thinking play by taking a double out at yesterday's game. This means that she got 2 people out in one play.

**Congratulations to everyone who received awards on Wednesday evening. The Queens of the Pacific who welcomed us, the musicians and dancers who entertained us and the 6 Year 13 girls who read the prize lists .... All of you were awesome. Most importantly the smiles on the award winners' face and the happy, proud family members with them created a great atmosphere.**

If you forgot to bring your **hoodie** to be named today, you have to remember it on Tuesday morning. This will be the last chance to get them named this year and there are still 11 of you who have paid for this but not brought your hoodie to the sports office.

Have a great weekend. Remember to balance your study for exams with regular breaks for activity and drink plenty of water. A mind is much sharper with a healthy body too.